

Garden Girl is kind and caring to bees

Garden Girl knows that growing our own food helps us to connect with where food comes from. It helps us connect with the efforts of our farmers growing food for all of us. Garden Girl also acknowledges that many of the foods we eat originate from all around the world. Just like people, many of the fruits and vegetables enjoyed for breakfast, lunch and dinner come from plants that first grew in other lands and climates.

Some like it hot, like plants which originate from warm climates around the world. Spring is a great time to understand those plants that thrive as the weather becomes warmer.

Luscious leaves grow back on the trees. Plants that have been sleeping wake up in spring ready to bloom with colour. Seeds that were born at the end of last year's hot season get ready to germinate in the soil as it warms.

Climbing vines need space to grow. Spring is the time to enjoy the large leaves that grow, the flowers that bloom and the fruit that appears on cucumber, zucchini, pumpkin, squash and watermelon, all members of the same plant family. They grow similar to each other and need room to grow in the garden.

Tasty tomatoes are best when picked straight from the garden. Planted in rich healthy soil, tomatoes of all shapes, flavours and colours of the rainbow, can provide plenty of fruit over the warmer months of the year.

Lovely little lettuces are successful in spring. Collecting crisp lettuce leaves from gardens, big and small, are lovely and fresh for a salad on a warm sunny day.

Buzzing bees go from flower to flower. Bees help transfer pollen from plant to plant, from male to female, from nature to magic. Bees are busy in spring and while collecting all they need to make honey back in their hives, they help to grow the fruits of food in the garden. Be kind and caring to bees and they will be kind and caring to us.

Fresh flowers fill gardens and our hearts with hope. Just like bees, let's be kind and caring to each other and others will be kind and caring to us.

If you want to grow food like Garden Girl and want to know how, find out which plants like it hot, work with nature, care for each other and our environment and...

"be kind and caring to bees".

At your local GCSA Garden Centre you can find flower & vegetable seedlings, seeds, plants & trees and all you need to care for our environment.



