

Garden Girl building healthy soil

Garden Girl has a friend called Gary the Garden Guy and he knows all about soil! Soil can be sand, clay or loam. Sand does not hold water well. Clay does not drain water well. Loam is just right, just like in Goldilocks and the Three Bears.

Gary the Garden Guy adds organic matter to his garden to get the soil just right. Organic matter, which is anything that was once living, like garden waste and food scraps broken down into compost, or waste from living things, like well composted animal manure.

Winter is a good time to prepare the garden for planting when the season changes and the weather becomes warmer. In South Australia it is cool and wet and plant growth is slow. It is a good time to get out in the garden, warm yourself up and build soil! Yes building soil, it is called no dig gardening!

Purchase a pot, get a garden bed or select a spot in your garden and build a "lasagne", layer by layer for your plants to enjoy! This recipe shows you some ingredients to get you growing.

- 1st Start with cardboard or newspaper if you are covering weeds.
- 2nd Add hay, the type cows like to eat.
- 3rd Water the garden well.
- 4th Add manure and a seaweed fertiliser.
- 5th Add pea straw.
- 6th Water the garden once again.
- 7th Add more manure and seaweed fertiliser.
- 8th Finally add compost.

For soil full of life, you can choose not to dig and make a "lasagne" in your garden by adding these layers, or decide to dig and make a "cake" in your garden, mixing in some of these ingredients of organic matter to the soil.

Enjoy the winter chill just like broad beans, onions and garlic do, which you can have growing in your garden and once the chance of frost has past, prepare to plant potatoes! Start with soil, warm yourself up and get ready for the next season of food growing!

If you want to grow food like Garden Girl and want to know how, Gary the Garden Guy would say, "It starts with healthy soil full of life".

At your local GCSA Garden Centre you can find flower and vegetable seedlings, seeds, plants and trees, mulch including hay and pea straw, manure, compost and seaweed fertilisers to build healthy soil!

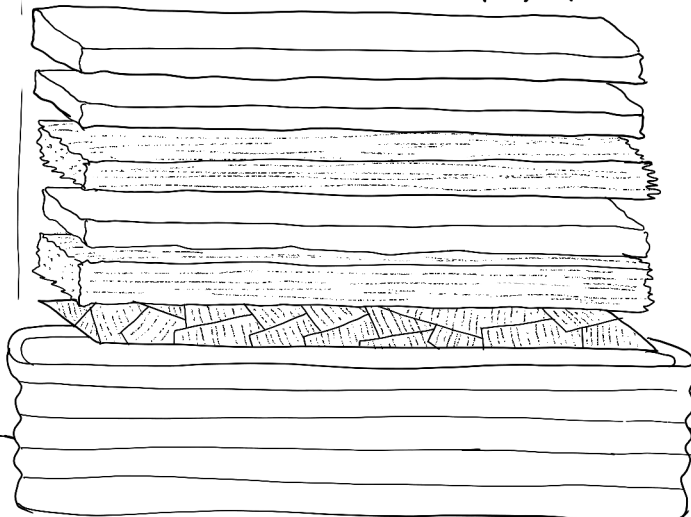




GARDEN CENTRES

Your local garden centre

NO DIG GARDEN



- Plant seedlings
- Compost
- Manure/Fertiliser
- Pea Straw
- Manure/Fertiliser
- Lucerne hay
- Newspaper

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